As Mayor of the City of Cotati, I’m pleased to welcome you to our beautiful city.

Founded in 1893, Cotati has long been considered the “Hub” of Sonoma County, by virtue of its central location, and its distinct and historic hexagonal plaza. Surrounded by beautiful vistas of hills, vineyards, majestic oaks and redwoods, Cotati offers all the benefits of living in a small city, with the cultural advantages of being located near major urban centers and a highly acclaimed state university. Cotati’s room are steeped in agriculture and music, and our citizens are proud of the diverse and charming community that has been shaped by over 100 years’ history.

Cotati’s residents are very passionate about how we plan ahead for our future. We are actively looking to expand our business base in a way that complements, enhances and protects our small town atmosphere. We have an energetic and involved business community and a variety of retail experiences. There are a number of events and celebrations that take place throughout the year that offer something for everyone. Our annual Kids’ Day Parade and Festival, our summertime Farmers’ Market, the Cotati Music Festival, Oktoberfest, our annual Holiday Tree Lighting Celebration, and the Cotati Accordion Festival, the largest Accordion Festival in California, all take place in historic La Plaza Park, in the heart of Cotati.

We encourage you to come and visit, and in the process discover the spirit of Cotati. While you’re here, enjoy our public art displays and visit our Historical Society Museum located in City Hall.

If you come for a visit, you might want to pack for a lifetime: my wife Jan and I visited 30 years ago, and the result was we chose to make Cotati our home.

Mark Landman
Mayor of Cotati
**COMMUNITY SERVICES OFFERED**

**Business Referrals:** Assistance locating services or products.

**Relocation & Visitor Packets:** Acquainting new or potential residents, visitors and businesses to Cotati.

**Events:**
- Oktoberfest, October 13, 2018
- Holiday Cheer, December 6, 2018
- Cotati Music Festival, June 19, 2019

**MEMBER SERVICES OFFERED**

**Advertising Opportunities:** Reach potential customers through digital communications and print media; Cotati Community Activity Guide & Chamber Business Directory (publishing twice-a-year) and cooperative programs.

**Mix & Mingle Gatherings and Ribbon Cuttings:** Request a Mix & Mingle or ribbon cutting to network and promote your business.

**Website listings:** Each member has their own listing page in the membership directory on the Chamber’s website. Also, your business is listed by category.

**Chamber Business Directory:** This valuable resource is mailed to 4,500+ Cotati addresses twice a year. Your business is listed by category.

**Newsletter:** Bi-weekly electronic newsletter to keep the community up-to-date on business activities.

**Social Media:** The Chamber is active on all three of these social media platforms. Facebook, Twitter, and Instagram posts.

**Community Activity Guide & Chamber Business Directory:** This valuable resource is mailed to 4,500+ Cotati addresses twice a year. Your business is listed by category.

**Business Directory:**

- **Chamber Speakers Forum:** Featuring speakers on variety of business-related topics. Offered quarterly.
- **Community Activity Guide & Chamber Business Directory:**
  - This valuable resource is mailed to 4,500+ Cotati addresses twice a year. Your business is listed by category.
- **Newsletter:**
  - Bi-weekly electronic newsletter to keep the community up-to-date on business activities.
- **Social Media:**
  - The Chamber is active on all three of these social media platforms.
- **Access to Our Conference Room:**
  - We have a conference room located in our office. Members can contact us to schedule a time to use it for a meeting.

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**MESSAGE FROM THE COTATI CHAMBER**

Cotati is a unique little town. It’s charm is everywhere. We’re very lucky to live and work in a place with such a rich history based in music. We are also only one of two towns in the nation to have our downtown built in a hexagon fashion giving us a downtown that didn’t need planning, with a lovely park right in the middle. We have a museum as part of our historical society. You may visit them at 201 West Sierra Avenue (west end of City Hall), or online at cotatihistoricalsociety.org. The outer regions of Cotati which are less well-known, house many manufacturers, businesses, distribution centers, builders and creators. These important companies help support the lives and livelihood of many people within Cotati and other local areas. As a chamber, we want to support those businesses in as many ways as we can and we hope you’ll take notice of them as you pass through areas outside of downtown.

As your chamber, we are working with the city to expand and grow relationships with businesses, large and small. We invite you to stop by the Chamber at 216 E. School Street or view our beautifully updated website where we have highlights and information about events and other happenings for the good people of Cotati and beyond.

Sending best wishes for a happy and successful season.

Erin Armstrong
Armstrong Chiropractic
President, Cotati Chamber

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**Become a Chamber Member**

Become an official member of the business community by joining the Chamber. It is quick, easy, affordable and offers many benefits to help grow and support your business.

Contact us today or stop by at the address below. We invite business members and individuals to join us.

Cotati Chamber of Commerce & Visitor Center
216 E. School Street, Cotati, CA 94931
(707) 795-5508
chamber@cotati.org
www.cotati.org

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**LaPlaza Veterinary Clinic**

60 W. Cotati Avenue, Cotati. 707-794-1299

**What makes LaPlaza unique?**
- Low-cost spay/neuter
- We make house calls
- Vaccination clinic every Wednesday 5-7pm
- Complete medical, surgical, dental and hospital services
- Gentle, professional, common-sense care for your pet

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**The Team that Moves Sonoma County**

Shawn & Patty Loucks
Realtors®
Town & Country Properties

**Shawn Loucks**
707.486.4123
Patty Meola-Loucks
707.321.9999

Email: ShawnandPatty@aol.com
Visit our website - ShawnandPatty.com

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**Shawn & Patty Loucks**

8099 La Plaza, Suite A
Cotati, CA 94931
707.285-2013
www.YourSweetExpectations.com
Carolyn@YourSweetExpectations.com
Veronda-Falletti Ranch opens to the public
tucked away behind a slice of the hexagon in downtown Cotati is a historical treasure many of us walk by every day. The Veronda-Falletti Ranch has been part of our agricultural heritage for more than a century and now the city has plans to open it to the public, transforming it into an interactive communal farm and learning center while preserving the old buildings, artifacts and working farm.

“It is a passion project for me,” says Dustin DiMatteo, Executive Director at Farmster, a non-profit all-volunteer organization devoted to agricultural preservation that has been hired to oversee the project. Dustin has put together a team of animal agriculture and preservation consultants to help restore the property while keeping the farm operational. Currently there are about a dozen goats, according to DiMatteo, two mini horses, one hornless ram, and three little lambs, many from a lady who has animals on her farm in Sebastopol. “We work together,” he says. “She brings me animals and I make sure everything’s safe and fun for them.”

A graduate of Sonoma State, DiMatteo realized that there was no real agriculture program at SSU and decided to look for some land close to Sonoma State that offered a good opportunity for community involvement. “I felt that there was a real need in the community,” he says. “Somewhere with maybe some structures on site, something that has a good local connection for people to either walk or bike or just get involved.” Farmster’s mission includes working and restoring the soil, growing food and resources, working with animals and finding ways to turn under-utilized spaces into places where people can get involved and learn more about farming.

DiMatteo is “literally a backyard farmer,” he says. “I’ve got the skills and the know-how to get things going and I’m working with a number of consultants and people who are the experts in this field to help me learn how to become a first-generation farmer. That’s where the name comes from, when you’ve kind of farmed out your backyard so much but you can’t be a farmer, you’re a farmer. You’re involved in your local farm and growing community, so yes, it’s been a passion project of mine for a number of years and we’re finally getting to do it.”

The city has given Farmster a three-year lease to operate the four and a half acre property and the goal is essentially to make it look like it used to, preserving its historical significance while keeping it open to public view. “We’re not going to put an enormous greenhouse on there,” Dustin says. “We’re not going to do too much that would really obscure viewing passages, just because there always can be more development, but it’s much harder to go backward and preserve stuff, so we really want to value that.”

...It’s much harder to go backward and preserve stuff, so we really want to value that.

DiMatteo’s plans include a number of education and social programs as well as some basic reconstruction. There are some large buildings on the site, including an old water tower, that need extensive work, but the place fairly brims with local history. “The lady who lives right next door, Jenny Falletti, is the daughter of the family that owned the house and preserved it,” says Dustin.

Continued on page 10.
COTATI CALENDAR OF SPECIAL EVENTS 2018-2019

National Coffee with a Cop Day
Date: Wednesday, October 3, 2018
Time: 7-9am
Fee: FREE!
Location: Your Sweet Expectations, 8099 La Plaza, Ste A

National Coffee with a Cop is a day dedicated to encourage communication and positive interactions between law enforcement agencies and the public. Please join the Cotati Police Department on October 3rd for the 3rd National Coffee with a Cop event for a cup of coffee and conversation!

12th Annual Cotati Oktoberfest
Presented by the Cotati Chamber of Commerce
Date: Saturday, October 13, 2018
Time: 12pm-6pm
Fee: FREE!
Location: La Plaza Park

Break out the Lederhosen and get ready for wunderbar German food, German beer, fresh craft brews on tap and hilarious contests including the world-famous wiener dog races, the tankard hoist, yodeling, costume contest and the potato sack races! Featuring the band AlpinersUSA playing traditional Oktoberfest music, including polka! Microbrews by Lagunitas Brewing Company, grilled bratwurst, potato salad, sauerkraut and pretzels will all be available for purchase as well as collectible glass steins.

NEW! City Hall-oween
Date: Wednesday, October 31, 2018
Time: 1:30-5:30pm
Fee: FREE!
Location: City Hall

Start your trick or treating off with delicious coffee and hot cocoa, cookies, and more! There will be crafts for the children, story time, entertainment, and “special” guests! Come join us for a fun filled, magical holiday evening!

NEW! Holiday Drop & Shop – Ages 5-12
Date: December 4, 2018
Time: 9:00am-3:00pm
Fee: $35 per child
Location: Thomas Page Room

Do you need time to get your holiday shopping and/or errands done without the children? While you get things done, leave your children with us to make holiday arts & crafts, and play. All activities are provided by trained and experienced City Staff. Please send a lunch and snacks with your child.

Breakfast with Santa
Date: Saturday, December 15, 2018
Times: 9:00am & 10:30am
Fee: $12 per person over age 2 (Children 2 and under are free)
Location: Cotati Room

Join Santa and his elves for a yummy breakfast of eggs, sausage, & pancakes! Finish it off with delicious coffee and hot cocoa. Each child will also have the opportunity to do arts & crafts, and will receive a gift from the Mr. Claus before they leave. This is sure to be a fun family event and a great way to celebrate the holiday season.

NEW! Sweethearts Fairytale Dance
Date: Saturday, February 9, 2019
Time: 9:00a-3:00pm
Fee: $30/couple + $10 each additional child (max 2 children per chaperone)
Location: Cotati Room

Come dance the night away to fun music, make arts and crafts, and enjoy light refreshments. Dress up in your fanciest dress or suit and create wonderful memories that will last. This magical event is for children (ages 3-12) and their favorite adult chaperone. There are no gender requirements. Tickets available at the door, but please purchase in advance to ensure your space.

NEW! Parents Night Out – Ages 5-12
Date: February 15, 2019
Time: 5:00-10:00pm
Fee: $35
Location: Thomas Page Room

Need to do some shopping or just need a little rest and relaxation without the children? Maybe even a quiet night out? While you enjoy an evening out or in, your child(ren) will have dinner, play games, make arts & crafts, and see a movie. All activities are provided by trained and experienced City Staff.

NEW! Cotati Community Yard Sale
Date: Saturday, March 30, 2019
Time: 9:00am-1:00pm
Location: Cotati Room

Donations will be accepted on Friday, March 29, from 4-7pm at the Cotati Room. Have some spring cleaning to do and want to get rid of stuff? Or, looking for something gently used to add to your home? Then come on down to our 2nd Annual Cotati Community Yard Sale! We will be accepting gently used items as donations the day before the event. Proceeds benefit the Recreation Department to continue to offer free and low cost programs and events to the community. Interested in being a vendor at our events? Contact Ashley at 707-665-4222 or awilson@cotaticity.org for vendor applications.

Cotati Historical Society Fall Exhibit Opening, Japanese Americans in Cotati
Date: Sunday, Nov. 4
Time: 1-4 p.m
Fee: FREE!
Location: Cotati City Hall and Community Center

Exhibits, presentations, family activities, music, and refreshments. Exhibit will continue into 2019. www.cotatihistoricalsociety.org Need community service hours or what to volunteer at one of our many events? Contact Ashley at 707-665-4222 or awilson@cotaticity.org for information on how to volunteer AND have fun!

Cotati Historical Society’s 9th Annual Chicken BBQ
April 7, 2019
Bunny Brunch & Egg Hunt – April 14, 2019
Bike to Work Day – May 2019 – Date TBD
Cotati Music Festival – June 15, 2019
Free Summer Movies in the Park – June – September
Cotati Certified Farmers Market – June - August
Cotati Certified Farmers Market Day Parade Festival – July 13, 2019
National Night Out – August 6, 2019
Cotati Annual Accordion Festival – August 17-18, 2019

Would you like to be an event or program sponsor? This is a great opportunity to participate and show your support for children and families in the community. Financial and in-kind sponsorships help us cover our costs and provide as many fun and unique activities for the community as possible. For more information on how to show your support, please contact Ashley at 707-665-4222 or awilson@cotaticity.org.
Ten years ago in 2008 city planners voted to purchase and preserve Al and Jennie Falletti’s pastoral ranch with its sheep pasture and model chicken ranch reflecting the early days of Cotati as a community. They planned to display some of the old ranching equipment that is stored around Cotati and turn it into a park and demonstration ranch. The acreage included the original home of Pete and Elizabeth Veronda, Jennie’s parents, who bought the property in 1938 and first turned it into a chicken ranch, one of the many that dotted around Cotati at the time.

When the city put out a bid for new management of the ranch last summer, DiMatteo presented his plan for Farmster to come in, emphasizing the mission of community involvement, and including SSU students helping out in a volunteer capacity, but, he says, “we also wanted to teach the residents ways that they can farm at home, get the skills and confidence on the Veronda-Falletti Ranch and put that experience to work in their own backyards.”

The city has always wanted it to become activated and involved in the community,” Dustin continues. “They want it to be a two-way street, not a private enterprise and what we pitched was student involvement, working with community members and regular tours.” Farmster has plans for regular programming this fall, starting with bi-weekly tours and monthly workshops. There is certainly plenty of work to do.

Dustin is also hoping to get some of the restoration work going as soon as possible. “All the buildings look fine,” says Dustin. “The water tower is a little slanted, so the city is trying to get construction started on two buildings, the water tower and the farmhouse this fall, but given all the wildfires and construction needs out there.” He also hopes to find funding for the restoration of two other buildings to their original shape and preserve the old artifacts inside of them.

“Some would call it junk, some would call it treasure,” says Dustin. “We’re calling it junk/treasure; it’s a little bit of both.”

Dustin is obviously excited about the challenge ahead of him, and the pay off for local residents is clear to see. “We’re cleaning out those buildings, preserving them as they are, and we’ll conduct historical and cultural tours, farming the history of the site if you will. We’re running a three thousand head chicken farm with the other animals that we’re rotating and building out the soil there. There’s a small orchard that we’ll clean up and expand on. It’s a transformative process out there.”

“The city and the residents like being involved in a passive informal way,” he continues, “so, for instance, having apple trees that they can just reach over the fence and grab, or once a month there’s a work day where they get food from the garden. It’s a ranch where animals are, but we are working in other farming practices like growing food and orchard management, and composting of course.”

Recent additions have included walkways, picnic tables, and a water fountain at the rear of the property, with interpretive signage about the agricultural heritage of the ranch, offering visitors a picturesque backdrop and an opportunity to experience a farm setting in the heart of downtown Cotati. Dustin wants to get the public involved as soon as possible and is already planning monthly tours in the Fall. “We’d like to have seasonal workshops in the first few years, and we’ve already started doing kids camps through the City of Cotati’s Parks and Recs program. They get to feed the animals and help me wrangle a couple of them.”

“It’s very cool to see a group of special-needs kids interact with the animals,” he says. There are plans for private tours, public tours once a month, seasonal workshops, maybe three or four a year, and volunteer workdays every other Friday. “Even now,
Fall 2018/Winter 2019 Camps

Camp Cotati PJ Party - Ages 5-12
Dates: October 8, 9:30am-6:00pm
Fee: $35 per child
Location: Thomas Page Room

Does your child have the day off from school but you still have to work? Have no fear, Camp Cotati PJ Party is here! We will have a fun day filled with games, crafts, outside activities (weather permitting), and plenty of play! Campers are welcome to wear PJs to camp, but please send them with shoes they can be active in. Please send a lunch and snacks with your child.

Camp Cotati Thanksgiving Break Camp - Ages 5-12
Dates: November 19-21, M-W 7:30am-6:00pm
Fee: $75/week, $35/day drop in
Location: Thomas Page Room

Let your children experience the magic of Camp Cotati! Each day will include different games, crafts, and outdoor play (weather permitting). The week will focus on all we have to be thankful for! Please send your child with a lunch and snacks each day.

Camp Cotati Winter Break Camp - Ages 5-12
Dates: Week 1: December 26-28, W-F 7:30am-6:00pm
Week 2: January 2-4, M-W 7:30am-6:00pm
Fee: $75/week, $35/day drop in
Location: Thomas Page Room

Camp Cotati Spring Break Camp - Ages 5-12
Dates: March 18-22, M-F 7:30am-6:00pm
Fee: $125/week, $35/day drop in
Location: Thomas Page Room

Camp Cotati Counselor in Training (CIT) Program – Age 13-17
Dates: November 19-21, December 26-28, January 2-4, March 18-22, 9:00am-2:00pm
Fee: $350/week
Location: Thomas Page Room

The CIT program is designed to prepare and train young adults to become future Camp Counselors. This training will provide the CIT with a hands-on practical experience laying the foundation for development of skills necessary to become a future Camp Counselor. The CIT will be working with children ages 5 to 12 years old. While this training is specific to camps, the CIT will find aspects of the training that may be applied to any job. Specifically, the CIT will learn the following: * How to plan and implement large and small group activities * Basic techniques of behavior management * Basic techniques of positive reinforcement

Fall 2018/Winter 2019 Classes

NEW! Beginning Pilates - Ages 18+
Wednesday, 7:00-8:00p.m
*There is also an intermediate class offered at 6:00p.m. Contact instructor directly to join the intermediate class.
Fee: Drop in $15/class - Monthly $13/class
Location: Eagle Room
Instructor: Darien Gold

This traditional mat pilates class will build strength, flexibility, and confidence. All levels welcome.

NEW! Beginning Art & Comic – Ages 8-16
Dates: December 26-28, W-F 7:30am-6:00pm
Location: Thomas Page Room
Fee: $120/session (6 weeks) – payment plans available
Instructor: Barbara Golden

In this class you will learn how to create your own comic characters, bring them to life with speed lines and action and how to create your own world, city and landscapes, space or whichever world you imagine might come up with. Media: pencils, inker, colored pencils, markers, watercolors, soft pastels.

NEW! Introduction to Belly Dancing – Ages 16+
Dates: Saturday, 12:00-1:30p.m, beginning in October
Location: Thomas Page Room
Fee: $120/session (6 weeks) – payment plans available
Instructor: Lori Tawasha

Students will be lead through a full warm-up, preparing their bodies to safely begin learning isolations, timing, and steps. Each class also includes technique breakdown, drills, a fun combination, and cool-down to stretch and restore the body. This class is a workout, so please be prepared to sweat! Attire: yoga wear or comfortable exercise clothing and yoga mat.

NEW! Beginning Pilates – Ages 18+
Wednesday, 7:00-8:00p.m
*There is also an intermediate class offered at 6:00p.m. Contact instructor directly to join the intermediate class.
Fee: Drop in $15/class - Monthly $13/class
Location: Eagle Room
Instructor: Darien Gold

The Thomas Page Room, Eagle Room, Stony Point Room and the Cotati Room of Ray Miller Community Center are located at 216 East School Street (behind City Hall)
Fall 2018/Winter 2019 Classes

Zumba Gold (ongoing) - Ages 18+
Wednesday, 9:30-10:30am, ongoing through December 19
Spring 2019 classes begin January 16
Fee: FREE
Location: Cotati Room
Instructor: Gale Davis

This class is separate from the Zumba Gold class and is provided by the Santa Rosa Junior College, Older Adult Program. Get moving at your own pace. Zumba Gold is a Latin dance inspired fitness class that is specially modified for the beginner or the active, older adult. We'll get your whole body moving with low-impact, easy-to-follow steps set to international dance music. Zumba Gold is a fun cardio workout that also incorporates toning and balance. Please wear athletic shoes and comfortable clothing.

Cotati Aikido (ongoing) - Ages 12+
Tuesday/Thursday, 6:00-7:00pm (staff & sword), 7:00-8:30pm (empty handed technique)
Location: Saturday Room, 10:00-11:30am (mix class)
Fee: $80/month
Drop in fee: $10/class

Cotati Aikido Weapons Class (ongoing) - Ages 12+
Tuesday/Thursday, 7:00-8:00am
Fee: $40/month
Drop in fee: $5/class

Aikido is a traditional Japanese martial art. This class will study basic and flowing exercises with the wooden sword (bokken) and 5 foot staff (jodo).

The Founder’s desire that Aikido teach harmonious blending rather than conflict is emphasized in this class. We will explore the body movement consistent with empty-handed aikido. All skill levels are welcome. No uniform or dogi is required. The instructor, Pete Breeland, with over 30 years of experience with Aiki buki-waza (Aiki weapons techniques), is ranked at 5th dan. Please contact the instructor at pete@cotatiaikido.com or 477-9158 with questions.

Star Kids Productions Presents: Snow White - Ages 5-7
Dates: Thursday, 4:00-5:30pm, beginning October 11-January 17
FREE Trial Class October 11th
Performance Dates: Thursday, 4:00-5:30pm at 216 E. School Street, Cotati in the Mountain Room.

Is your 5-7 year old child a little bit dramatic? Join us for our FREE trial class for Little Musical Theatre with Star Kids! One day only: Thursday, October 11 from 4-5:30pm at 216 E. School Street, Cotati in the Mountain Room. Come see what all the fuss is about! No experience necessary. This program will have your child singing, dancing, and acting all of your favorite songs from Snow White and the Seven Dwarves. Students will be learning to sing, dance, and act as we put together the musical Snow White in a fun performance for families at the end of the program. To register or for more information, please email starkidsproductions@gmail.com.

Check out the Spring 2019 Star Kids Productions shows in our next guide or on our website!

Trips & Tours 2019

Iceland’s Magical Northern Lights - February 22-28, 2019 – 7 days, 10 meals

Experience it! The Northern Lights - Each year, during the winter months, travelers journey to Iceland and venture out into the dark to see the magical but elusive northern lights (aurora borealis). This natural phenomenon is the product of collisions between electrically charged particles from the sun that enter the earth’s atmosphere; the result is spectacular! Streaks of colorful light appear across the sky. The colors can vary from white to pink or purple and, most commonly, green. It is known that the best time to witness the lights in Iceland is from late September to mid-April, when the nights are the longest. This light show is truly dazzling and worth the pursuit.

HIGHLIGHTS... Reykjavik, Northern Lights Cruise, Golden Circle, Thingvellir National Park, Ceyxir, Gulfoss, Seljalandsfoss, Vik, Skogar Folk Museum, Skogafos, Jökulsárlón Glacier Lagoon, Skaftafell National Park, Vatnajökull Glacier, Blue Lagoon
Per Person Rate - Double: $3,999, Single: $4,499, Triple: $3,969. For more information, visit: https://gateway.gocollette.com/link/837363

Reflections of Italy - March 13-22, 2019 – 10 days, 13 meals

Revel in the magic of Italy on this tour that explores the cities of Rome, Florence, Siena, Venice, Assisi, Perugia and Milan. Travel Italy and discover the rolling hills of the scenic Tuscan and Umbrian countryside, explore medieval hill towns and visit the birthplace of St. Francis, Assisi. Discover the masterpieces of the Renaissance in Florence and see hot glass transformed into exquisite art on Murano Island. Linger in romantic Venice for two nights discovering its treasures. Your journey comes to a close in Milan and includes a visit to the magnificent Gothic Cathedral – the Duomo.

HIGHLIGHTS... Rome, Colosseum, Assisi, Perugia, Siena, Florence, Chianti Winery, Venice, Choice on Tour, Murano Island, Milan
Per Person Rate – Double: $2,699, Single: $4,149, Triple: $3,649. For more information, visit: https://gateway.gocollette.com/link/837366

All trips include air, hotel, and local pickup. Payment plans available! Call for more information.

Zumwalt Gold (ongoing) - Ages 18+
Wednesday, 9:30-10:30am, ongoing through December 19
Spring 2019 classes begin January 16
Fee: FREE
Location: Cotati Room
Instructor: Gale Davis

This class is separate from the Zumba Gold class and is provided by the Santa Rosa Junior College, Older Adult Program. Get moving at your own pace. Zumba Gold is a Latin dance inspired fitness class that is specially modified for the beginner or the active, older adult. We’ll get your whole body moving with low-impact, easy-to-follow steps set to international dance music. Zumba Gold is a fun cardio workout that also incorporates toning and balance. Please wear athletic shoes and comfortable clothing.

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Fee: $80/month
Drop in fee: $10/class

Cotati Aikido Weapons Class (ongoing) - Ages 12+
Tuesday/Thursday, 7:00-8:00am
Fee: $40/month
Drop in fee: $5/class

Aikido is a traditional Japanese martial art. This class will study basic and flowing exercises with the wooden sword (bokken) and 5 foot staff (jodo).

The Founder’s desire that Aikido teach harmonious blending rather than conflict is emphasized in this class. We will explore the body movement consistent with empty-handed aikido. All skill levels are welcome. No uniform or dogi is required. The instructor, Pete Breeland, with over 30 years of experience with Aiki buki-waza (Aiki weapons techniques), is ranked at 5th dan. Please contact the instructor at pete@cotatiaikido.com or 477-9158 with questions.

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FREE Trial Class October 11th
Performance Dates: Week of January 21-25, 2019
Dates: Thursday, 4:00-5:30pm, beginning October 11-January 17
FREE Trial Class October 11th
Location: Eagle Room
Instructor: Ashley Kimball
Fee: $250 – payment plans available
Performance Dates: Week of January 21-25, 2019
FREE Trial Class October 11th
Locations: Eagle Room
Instructor: Pete and Cindy Breeland
Fee: $40/month
Drop in fee: $5/class

Cotati Aikido Weapons Class (ongoing) - Ages 12+
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FREE Trial Class October 11th
Performance Dates: Week of January 21-25, 2019
Dates: Thursday, 4:00-5:30pm, beginning October 11-January 17
FREE Trial Class October 11th
Location: Eagle Room
Instructor: Ashley Kimball
Fee: $250 – payment plans available
Performance Dates: Week of January 21-25, 2019
FREE Trial Class October 11th
Locations: Eagle Room
Instructor: Pete and Cindy Breeland
Fee: $40/month
Drop in fee: $5/class

Aikido is a traditional Japanese martial art. This class will study basic and flowing exercises with the wooden sword (bokken) and 5 foot staff (jodo).

The Founder’s desire that Aikido teach harmonious blending rather than conflict is emphasized in this class. We will explore the body movement consistent with empty-handed aikido. All skill levels are welcome. No uniform or dogi is required. The instructor, Pete Breeland, with over 30 years of experience with Aiki buki-waza (Aiki weapons techniques), is ranked at 5th dan. Please contact the instructor at pete@cotatiaikido.com or 477-9158 with questions.
Trips & Tours 2019

Discover South Dakota - June 7-13, 2019 – 7 days, 9 meals
Discover the spirit of the American West. Travel to the legendary Badlands National Park and see the American prairie as it was 100 years ago. Explore the legends of the city of Deadwood, home to Wild Bill Hickok and Calamity Jane. Travel the backcountry of Custer State Park and along the impressive Needles Highway lined with famous granite spires. Visit magnificent Mt. Rushmore. See Crazy Horse Memorial, the world’s largest mountain sculpture still in progress. Marvel at Devil’s Tower, the country’s first National Monument. Journey through the natural beauty of Badlands National Park and stop to browse at Wall Drug. Discover the fascinating history and stories of the Lakota and Sioux through a Native American chronicle and visits to Tantanka: Story of the Bison and the High Plains Heritage Center.

HIGHLIGHTS... Mount Rushmore, Crazy Horse Memorial, Badlands National Park, Wall Drug, Devils Tower National Monument, Black Hills Gold, Needles Highway, Custer State Park, Deadwood, High Plains Heritage Center

Per Person Rate – Double: $2,349, Single: $2,949, Triple: $2,319. For Plains Heritage Center.

June 7-13, 2019 – 7 days, 9 meals

Jared Soukup Lic #0H39864 - State Farm Agent

8000 Old Redwood Highway • Cotati, CA 707-792-4980 phone • 707-792-4988 fax

RECREATION PROGRAM REGISTRATION FORM

City of Cotati
201 West Sierra Avenue, Cotati, CA 94931

Adult or Parent/Guardian Name ____________________________________________Date of Birth _________________

E-Mail ______________________________________________________ City ______________________Zip ______________

Emergency Contact Name _____________________________  Phone _________________________________________

Address ________________________________________________ City ______________________Zip ______________

If you wish to make a donation to our recreation program scholarship fund, please add your $1, $5, $10 donation here:

City of Cotati
201 West Sierra Avenue
Cotati, CA 94931

Mail registration form and attach payment. Please make checks payable to City of Cotati. To pay by Visa or Master Card, please pre-register during office hours or call (707) 792-4600.

Total:

REFUND POLICY
When a customer withdraws from a class the following charges will apply to the refund:

More than 5 working days prior to the program start $10 administrative fee

5 or less working days prior to the program start No charge

After the start of the program Pro-rated for future unused portion of program or activity

*Refunds will not be given after an activity has ended, regardless of attendance. If an activity is cancelled, a refund will be issued for the unused portion of the activity.

AGREEMENT, WAIVER, AND RELEASE - This must be signed before beginning any activity.

The undersigned, on behalf of himself/herself and on behalf of any minor child enrolled in the program by the undersigned in his/her capacity as parent/guardian, in consideration of participation in this program agrees to indemnify and hold the City of Cotati, its officials, employees, contract instructors, and program co-sponsors free and harmless, and release the City of Cotati from any and all liability claims, and necessary costs and expenses for any loss/damage to property, injury, or death from any cause whatsoever regardless of negligence, which may be suffered by the above-named individual registered in this program, arising out of, or in any way was connected with participation in this program and/or use of the premises. I further authorize qualified physicians to render emergency medical treatment or care if they deem necessary for the participant because of illness or accident which occurs during the course of any of the above-described activity(ies), class(ies), or event(s). I understand that photographs taken of recreation program participants may be used by the City of Cotati for promoting our programs, classes or events and I agree to the use of my/our photograph(s) for such purposes.

Participant Name ________________________________________________Date ______________________

Check us out online at www.cotaticity.org ~ How to Register for Programs ~

Online: www.cotaticity.org, under City Services, click on Recreation Programs

In Person: 201 West Sierra Ave, Cotati, Recreation Dept. inside of City Hall

By Mail: 201 West Sierra Avenue, Cotati, CA 94931 (must be accompanied by registration form below)

At the door: Cash or check only. Please bring exact change as the instructor may not have change on site. Some programs require pre-registration.

Make checks payable to: City of Cotati. Cards accepted: Debit, Visa, or MC

For questions, please contact awilson@cotaticity.org or 707-665-4222
COMMUNITY CONTACTS & IMPORTANT NUMBERS

www.rancho-adobe-fire.org

EMERGENCY - 911

PO Box 1029, Penngrove 94951 (office)

(707) 792-4614

or

Public Works / Engineering – Facilities Rentals & Parks Use

(707) 665-3632

Building Inspection Requests

(707) 665-3636

Community Development / Building

(707) 665-3637 – Community Development / Planning

(707) 665-3622

City Manager & Clerk

City Council

Licenses & Sewer

707-795-6701

www.bohemian.com

(707) 527-1200

216 E St., Santa Rosa 95404

(weekly)

Northern California Bohemian (online)

(707) 584-2222

216 E Mendocino Ave., Santa Rosa 95401

(weekly)

The Bohemian

(707) 887-0573

Sonoma County Gazette

390 Arlen Dr., Rohnert Park 94928

(707) 795-4026

John Reed (K-2)

1075 Madrone Ave., Cotati 94931

(707) 792-4531

Sonoma Community Services District

199 Helmert Lane, Cotati 94931

(707) 351-0009

or 208-3220

www.sonsosmosquito.org

NEWSPAPERS & LOCAL ONLINE NEWS

The Press Democrat (daily)

427 Mendocino Ave., Santa Rosa 94041

(707) 546-2020

www.pressdemocrat.com

The Community Voice (weekly)

180 Professional Center Dr. #110, Rohnert Park 94928

(707) 884-2222

www.thecommunityvoice.com

Northbay Times (online)

www.northbaytimes.com

Northwestern California Bohemian (weekly)

216 E St., Santa Rosa 94041

(707) 527-1200

www.bohemian.com

Rohnert Park-Cotati Patch (online)

www.rohnertpark-cotapatch.com

Sonoma County Gazette (monthly)

6490 Front Street #300, Forestville 95436

(707) 887-0573

www.sonomacountygaazette.com

POST OFFICE

Cotati Branch

3100 Mendocino Ave., Cotati 94931

(707) 792-5722

www.usps.com

PUBLIC LIBRARY

Rohnert Park-Cotati Branch

6250 Lynn Crest Way, Rohnert Park 94928

(707) 594-9211

www.sonomalibrary.org

Rainbow Bridge Montessori School

(707) 795-6600

www.smalittlemisspreschool.net

Training Wheels Preschool

(707) 294-9251

www.trainingwheelspreschool.net

PUBLIC SCHOOLS

Cotati-Rohnert Park Unified School District

616 Marine Ave., Rohnert Park 94928

(707) 592-4300

www.rpsd.org

Elementary (K-5)

Evergreen

1125 Emily Ave., Rohnert Park 94928

(707) 556-0175

Margaret Duling

825 Buda St., Rohnert Park 94928

(707) 884-5875

Monte Vista

1400 Magnolia Ave. Rohnert Park 94928

(707) 792-4531

www.montevista.org

Thomas Page Academy (K-8)

1017 Alder Ave., Cotati 94931

(707) 792-4864

Elementary (K-5)

John Reed (K-2)

590 Adrian Dr., Rohnert Park 94928

(707) 792-4845

Weidel Rohnert (5-8)

550 Bonnie Ave., Rohnert Park 94928

(707) 792-4510

The People’s Farm

Continued from page 8...

if folks are just walking by, they can see things going on. I’m working with my neighbors, giving them live info sessions on the animals. There’s always someone there.”

“I think one of the benefits for the town is that a lot of waste to some people is gold to us, I mentioned artifacts in the buildings, but food waste is a big issue we’re hoping to lean into as farmers, working with restaurants and collecting food waste from businesses, and composting. What is going into the landfill is one of my focuses – food waste, composting, rebuilding the soil. I’m hoping this project will really help transform not just this piece of property but the city of Cotati in a larger more abstract sense.

Rohnert Park Veterinary Clinic

Dr. D. S. Goraya

• Walk-In’s & Emergency cases welcome
• Puppy & Kitten packages
• Flea and tick prevention
• Wellness: including vaccinations, deworming, heartworm testing & prevention
• Routine spay & neuter, soft tissue surgeries
• Microchipping, Allergy & DNA testing

Office Hours By Appointment:
Mon/Wed/ Fri Sat Sun Tues/Thurs 8am-5:30pm
Sat 8am-12pm

8730 Commerce Blvd.
Rohnert Park
(707) 795-6701
rohnertparkveterinaryclinic.com
JT HENLEY DDS
JOHN D MANN DDS

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707-584-9589

jthenleydds.com   johnmannddds.com

Rohnert Park Dental Village
5200 Synder Lane, Rohnert Park, Ca 94928